



47a Froghall Drive
Wokingham
Berkshire
RG40 2LE

stuart@ingwell.com
bridget@ingwell.com

THE INGWELL SAGA - CHAPTER 42

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Happy Christmas Everyone, and Best Wishes for 2012.

Several ups and downs this year. The bad news is that Stuart had a heart attack which arrived out of the blue in early April; the good news is that we live in a region with 24 hr cover for such eventualities and the blockage was removed within a couple of hours. Life has returned to normal (most of the time) although we are trying to slow the pace and act as retired folk should – some chance! We have resumed golf, gardening and walking activities and still visit France regularly - this year we had such excellent weather in September we were tempted to stay until winter.

Our other health news is that Jo has been hospitalized several times with migraines, depression, and attendant issues. Mental health is of course a difficult area to understand and we are out of our depth much of the time. On the positive side it can pull the family closer together although it imposes extra stresses and strains – your thoughts and prayers on dealing with this would be very much appreciated.



Charlotte and Shaun and family are all well – Rosie and Maria, aged six and four are both in full time school and loving it. Charlotte herself is working in the offices of another school just down the road and is able to take and collect them with no problems. Shaun's business is OK in spite of the recession and because they live only an hour away we get to see them often. They keep us on our toes especially when they come for a "sleepover". They also like to join us in France for a week in June - both girls love the beach and we love having them – keeps us young?

Dan is doing well at work and was recently promoted to Director - but the amount of travelling he does often makes life difficult when Jo isn't well. Fortunately they live near us and we are pretty good at delivering pre-prepared spaghetti bolognese (the kid's favourite) to help out when necessary. Also the children both go to the same secondary school which helps a lot when it comes to school runs. Sam is still computer-mad and Lorna spends most of her weekends mucking out the horses at the local stables - fortunately they are old enough to look after themselves a bit when Jo is feeling poorly.



Mum remains very active at 91yrs and is well-established at St Joseph's. She has given-up her self-contained flat and moved into her own set of rooms in the retirement home - but her circle of friends has remained the same. Her three sons are not far away and often take her out for lunch as a treat. When we visit for a weekend in Leeds, we often end up in M&S! - and it is noticeable how much more quickly she moves when we hit the clothes dept – even so we have to budget our time and have plenty of rest stops.

If you have the chance to call and see us next year we would be delighted – we are only an hour or so from the main Olympic venues Meantime - Happy Christmas One and All